**Parent Support - Autism**

* North Parent Support Group, Erdington Hall Children’s Centre (0121 675 2223).
* Parent Autism Support Group - Open to any parents who have children with Autism. The group meets once a month, on the second Thursday evening from 7-9 pm at Our Place Community Hub. There is no need to book, parents can just turn up.
* Autism Parent Support Group – an informal support group which meets on Wednesday mornings at St Chads Church Hall, Hollyfield Road, Sutton Coldfield from 10.00 - 12.00.  There is also a Monday evening group from 7.30 - 9.00.  
  Contact Vicky Roche - Home: 0121 240 2827 / Mobile: 07905654632.
* Cerebra, Sleep Service ([www.cerebra.org.uk](http://www.cerebra.org.uk)).